October 2026 Newsletter

Healing Hearts

Bo's Place

"*I am extremely grateful for the support and guidance provided by Bo's Place. It has taken me from a very dark place in my life to a feeling of more peace and hope. This has been a blessing for me*."
-Support group participant

Family Support Group Enrollment Open!

We are currently enrolling families for our in-person grief support groups, at our Houston location and Katy location. If you or someone you know is interested in our free family grief support groups, please share or learn more below. No one should ever have to grieve alone. We are here to help.

To enroll now, please call 713-942-8339 or email info@bosplace.org.

Family Grief Support Groups

Pregnancy & Infant Loss Remembrance Month



For women and their partners who have experienced miscarriage, stillbirth, or the death of a newborn, grief can feel profoundly isolating. After an early miscarriage, some may not yet have shared the pregnancy beyond their closest circle, leaving them to carry their loss privately while those around them remain unaware of what they are enduring. Many women also experience guilt or question whether something could have been done differently. They may find it difficult to talk with coworkers or friends they would normally turn to for support.

For women carrying the heartbreak of pregnancy loss, being welcomed into a group of others who understand can bring a profound sense of comfort. Bo's Place offers a five-week online Pregnancy Loss support group that provides a space where each woman's unique loss experience and grief is honored. In the group, they can speak their baby's name, share the parts of their story they have been holding close, and feel heard without judgment, painful questions, or words that minimize their loss.

At the close of the first meeting of a recent group, one participant shared, "I feel grateful to have found this group and to have been listened to." As the participants shared a one-word check-out at the end of the group, many said they felt understood for the first time since having lost their baby.

Internationally, October is the month where we acknowledge Pregnancy and Infant Loss Awareness with a variety of activities throughout the world, including a Wave of Light event in Houston on October 11th. Women and men are welcome to join us, to share the baby's name, and to decorate a paper lantern to shed light on the shared grief of having lost a pregnancy and/or a baby. Learn more about the Wave of Light event and join Bo's Place as we support this event.

For those interested in the Bo's Place Pregnancy Loss Group, please call 713-942-8339 or email info@bosplace.org.

Wave of Light Remembrance Ceremony

Upcoming Events

Tuesday, October 6
Understanding & Supporting Grief in the Latino Community
Learn More

Tuesday, October 6
2027 Houston Marathon Training Kick Off
Learn More

Wednesday, October 21
Bo's Place Open House
Learn More

Friday, November 13
Good Grief for Helping Professionals
Learn More

Volunteer Spotlight: Diana Guzman



Diana Guzman is currently completing her MSW (Master of Social Work) and practicum at Bo's Place. She has always been interested in understanding people and helping them through difficult moments, which is what drew her to social work. After switching careers, she now feels that she is building one that feels much more connected to the kind of work she wants to do.

Diana found Bo's Place when looking for a practicum site. She was really interested in grief work - especially with children and families - so it felt like a great place for her to learn.
When ask about her volunteer experience at Bo's Place, she says it "has been a really meaningful learning experience." She has been able to observe children's groups, learned more about completing questionnaires, gone through volunteer facilitator training, and has had a chance to see how grief support looks in practice.

Diana has felt the Bo's Place Magic when she sees children realize they're not alone and connect with other kids who understand what they're going through. She describes Bo's Place as a safe place for children and families who are grieving. "They can connect with others who understand and process their grief without feeling pressured to do it a certain way."

When asked why someone should consider volunteering at Bo's Place, she said that the work really makes a difference. "Sometimes the most important thing you can give someone who is grieving is your presence, your time, and a space where they feel understood." She's learned that "people just need you to be present with them."

Thank you, Diana, for being a part of the Bo's Place Magic! If you are interested in volunteering at Bo's Place, please email volunteer@bosplace.org.

Healing Hearts with a Holiday Meal

Companies, organizations, groups, and individuals are invited to serve a holiday meal this November and December. It is a simple and meaningful gesture for our families.

Read More

"We Remember Them / Los Recordamos" Memorial Banner

Bo's Place annual "We Remember Them/Los Recordamos" Memorial Banner will be on display at Bo's Place this fall. If you would like the name of your loved one(s) who died to be memorialized on a ribbon, please submit their name.

Read More

Mark Your Calendar for DAF Day on October 8

On Thursday, October 8th, nonprofits, donors, and fund providers across the country will celebrate Donor-Advised Fund (DAF) Day, the national giving day dedicated to donor-advised funds.

Read More

Recent Happenings



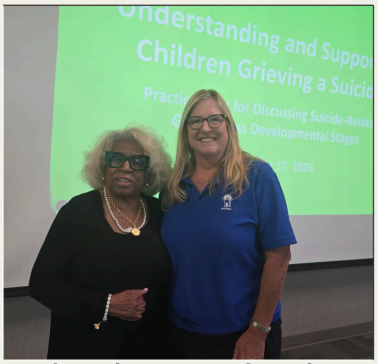
Meyerland PVA Open House
9.3.26



BakerRipley
Staff Resource Fair
9.10.26



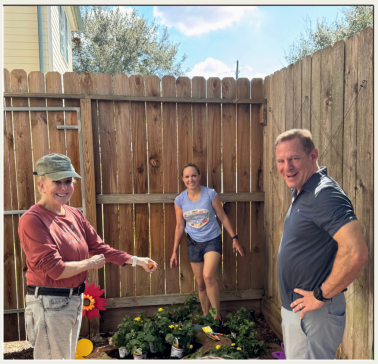
Good Grief for
School Professionals
9.11.26



Montgomery County
Task Force
9.17.26



Bo's Place Volunteer Facilitator Training
8.18.26 - 9.19.26



Matthew's Garden Club
9.19.26



Kinder Institute Paths Event
9.21.26



Insperity Wellness Expo
9.23.26

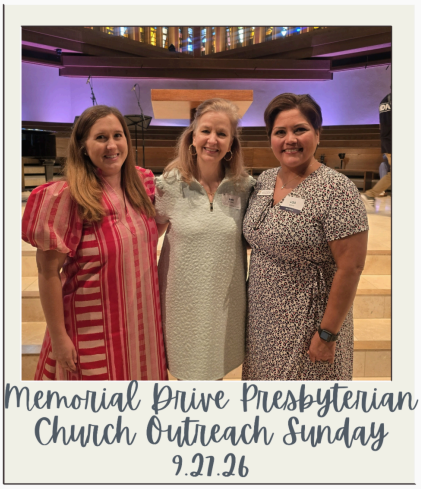


Truist Volunteer Day
9.24.26



Ramsey Law Group Meal Sponsor
9.26.26





About Bo's Place

At Bo's Place, we believe that grieving families heal when they share their experiences with each other. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click here or call 713.942.8339.

Our Website

Our Mission

Volunteer

Donate

Amazon Wishlist

Bo's Place

Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.

NACG NATIONAL ALLIANCE FOR CHILDREN'S GRIEF PROUD MEMBER

Platinum Transparency 2022 Candid.

CHARITY NAVIGATOR Your Guide To Intelligent Giving

BBB ACCREDITED CHARITY bbbhouston.org

Bo's Place | 10050 Buffalo Speedway | Houston, TX 77054 US

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