

Healing Hearts



"Thank you all for helping me manage the absolute worst time in my life, the loss of my beloved son... His death was the single most difficult thing I have ever faced and your program was instrumental in helping me learn skills to better cope... I will forever miss my son, however with God, family, and friends I'm whole again... My son lives on through each of us who treasured his life and I'm forever grateful for what Bo's Place did for me... Thank you so much."

-Adult support group participant

Family Support Group Enrollment Open!

We are currently enrolling families for our in-person grief support groups, at our Houston location and Katy location. If you or someone you know is interested in our free family grief support groups, please share or learn more below. No one should ever have to grieve alone. We are here to help.

To enroll now, please call 713-942-8339 or email info@bosplace.org.

Family Grief Support Groups

Grief Education & Training Opportunities

Bo's Place offers Community Education and Training opportunities for community members and helping professionals. These trainings allow attendees to expand their knowledge on grief theory, grief across developmental stages, and understanding how to support the bereaved.

Our trainings are facilitated at Bo's Place, in the community, in-person, and online. Our audience is diverse and dynamic, including mental health professionals, medical professionals, school personnel, clergy members, faith-based practitioners, and community organizers.

Bo's Place hosts a variety of workshops throughout the year such as, *Good Grief for School Professionals*, *Good Grief for Helping Professionals*, and *Understanding & Supporting Grief in the Latino Community*, which include continuing education credits. This year we have been grateful to partner with other organizations/presenters for our trainings, such as *Navigating Ethics in Grief Work* presented by Dr. Roche. And we look forward to our upcoming collaborations with The Children's Room and Wonders & Worries.



For our community-based trainings, we offer 1-1.5 hour trainings within our Understanding & Supporting series. This series is centered on the various support groups we offer and topics we come across often as we support the bereaved at Bo's Place.

Our hope is that through education we can better support adults, children, and families who are grieving as well as foster growth and development to those supporting them. To learn more about our upcoming trainings and events at Bo's Place, or to request a presentation from Bo's Place, please follow these links.

[View Upcoming Trainings & Events](#)

[Request a Presentation](#)

Upcoming Events

Friday, September 11

Good Grief for School Professionals

[Learn More](#)

Friday, September 18 - Saturday, September 19

Volunteer Facilitator Training

[Learn More](#)

Tuesday, October 6

Understanding & Supporting Grief in the Latino Community

[Learn More](#)

Volunteer Spotlight: Laura Navarrete

Laura Navarrete is a mother to three wonderful young adults. She has been a nurse for 26 years, with a passion for pediatrics. While attending nursing school, she heard of Bo's Place. She never thought she would be a participant herself. After the death of her oldest son, Chris, she attended a support group at Bo's Place.

Now, she is a dedicated Bo's Place volunteer. When asked about her volunteer experience, Laura said that Bo's Place is so welcoming. "Families are always grateful, and there is not one day that I don't get a thank you from families and facilitators." She loves volunteering at Bo's Place.

Laura shared a time she felt the Bo's Place magic: when a grandmother attending with her two grandchildren told her she was glad she was attending Bo's Place. It got her out of the house, and she felt welcome. Laura also feels the magic every time she sees the dedication bricks and wall of loved ones. "It's a great reminder they are still in our hearts."

Laura believes that grieving is a part of life's journey. Through volunteering, it can be very rewarding to know you are a part of someone's journey. Volunteering at Bo's Place has allowed Laura to be there for others who are grieving and to honor her son, Chris.

Thank you, Laura, for being a part of the Bo's Place Magic! If you are interested in volunteering at Bo's Place, please email volunteer@bosplace.org.



Día de los Muertos Alebrijes Exhibit at Discovery Green

From September 15 - October 18, enjoy the Alebrijes exhibit at Discovery Green, featuring 20-foot-tall sculptures designed and created by Mexican artists and artisans.

[Read More](#)

Special Summer Activities for Bo's Place Families

This summer, we invited families to participate in special programming with activities for the family to do together. The "Memory Chain" and "Shield of Support" activities were a big hit with those who attended!

[Read More](#)

SpawGlass CJ Strnadel IV Memorial Fishing Tournament

We had another fantastic weekend in Rockport, where so many supporters showed up to honor the legacy of CJ Strnadel and support Bo's Place.

[Read More](#)

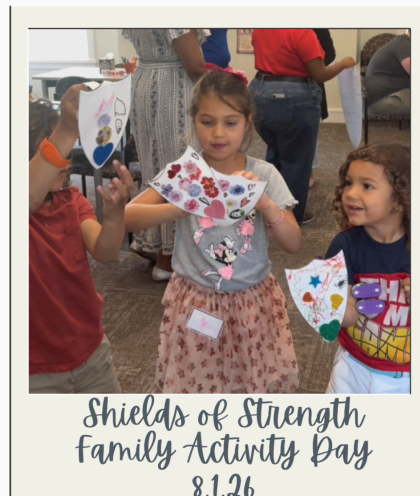
Hearts of Hope 2027 Chairs Announced

We are thrilled to announce our 2027 Hearts of Hope Dinner chairs:

Kirsten and RB Herrscher
&
Steph and Bryan Magers

[Read More](#)

Recent Happenings





International Leadership
of Texas Presentation
8.4.26



Pearland ISD
Community Partnership
8.6.26



CJ Stinadel V Memorial
Fishing Tournament
8.7.26



Beatrice Mays School
Fall Open House
8.7.26



UT Health
Pediatric Residents
8.12.26



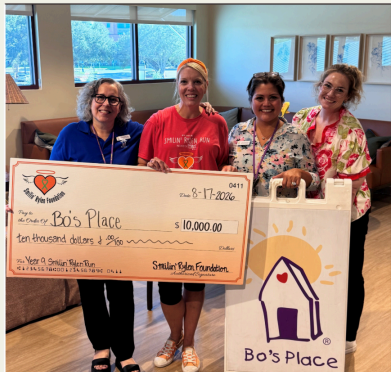
The Crane Fund
Check Presentation
8.14.26



AT&T Volunteer Day
8.17.26



NCL Heart of Texas
Philanthropy Fair
8.17.26



Smilin' Rylen
Check Presentation
8.17.26



Eagle Scout
Project Delivery
8.24.26

About Bo's Place

At Bo's Place, we believe that grieving families heal when they share their experiences with each other. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click [here](#) or call 713.942.8339.

Our Website

Our Mission

Volunteer

Donate

Amazon Wishlist



Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.



Bo's Place | 10050 Buffalo Speedway | Houston, TX 77054 US

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