

1990-2025



"Bo's Place is a wonderful organization and the information that my family has received has helped us learn to cope, acknowledge and work through our grief."

-Support Group Participant

Pregnancy and Infant Loss Awareness

The heartbreaking experience of pregnancy or infant loss is a rather common, yet often silent and lonely journey. The unique grief of bereaved parents and partners, siblings, and extended family members can be difficult to comprehend, given how differently the loss may affect each person, and layers of unanswered questions. Patience, compassion, and a listening ear can help support families while they are healing.

First proclaimed in 1988 by President Ronald Reagan, the month of October serves as Pregnancy and Infant Loss Awareness Month. Through sharing resources, learning new information, and providing opportunities for memorial and awareness events, communities can come together to honor the lives of babies gone too soon and stand with the families who are grieving their absence.



OCTOBER IS
PREGNANCY AND
INFANT LOSS
AWARENESS MONTH

#PregnancyAndInfantLossAwarenessMonth

On Sunday, October 12, community members are invited to join in a heartfelt candlelight vigil hosted by The Woman's Hospital of Texas, in partnership with Missing Pieces Support Group, The Harmonie Grace Foundation, March of Dimes, Little Angel Network, and Bo's Place. Details for the event are listed below.

Wave of Light: A Pregnancy & Infant Loss Remembrance Gathering Sunday, October 12, 2025 | 6:00 PM Bell Park – 4800 Montrose Blvd, Houston, TX 77005

For women living in the greater Houston area who have experienced a miscarriage, stillbirth, or death of a newborn, Bo's Place offers an online Pregnancy Loss grief support group. The group meets for five weeks on Zoom, on Monday evenings from 6:00 pm-7:00 pm.

For those interested in attending the Pregnancy Loss group, the first step is to call Bo's Place at 713-942-8339 and speak with a member of our program staff for a phone questionnaire.

Pregnancy Loss Resources

Star Legacy Foundation provides education, research, family support, awareness, and advocacy.

- They offer support groups for moms, dads, grandparents, extended family members, and Spanish speakers.
- The Miscarriage Association offers a helpline, online support, and group support. Informational leaflets can be downloaded on their website, including topics geared towards women, men, and partners. View website here.
- The March of Dimes website has articles on miscarriage and dealing with grief after the death of a baby.

Books for Family Members

- Something Happened is a book by Cathy Blanford designed to help a young child understand a
 pregnancy loss.
- A Guide for Fathers: When a Baby Diesby Tim Nelson is a pocket-sized book for men who experienced the death of a child through miscarriage, stillbirth, or early infant death.
- Grieving Grandparents: Following miscarriage, stillbirth, SIDS or other infant deathby Sherokee Ilse & Lori Leininger is a guide for grandparents attempting to comfort and support their grieving children, while also learning to cope with their own grief.

Volunteer Spotlight: Our New Clinical Interns, Anglica Ferrales & Dalia Duron

We are excited to welcome the newest members of the Bo's Place volunteer family—our social work clinical interns, Angelica Ferrales and Dahlia Duron! They began their internship on August 25th and will be with us through May 2026. Both are graduate students at the University of Houston, Graduate College of Social Work.

About Angelica

A Waco native, Angelica brings a vibrant spirit and creative energy to Bo's Place. In her free time, she enjoys dance classes, visits to the library, hosting dinner gatherings, community building, mermaid photoshoots, and creating art through painting and sculpture. She also shares her home with her cat, Puzzles.

Angelica shared, "I'm most excited to see the connections that form in group and the growth of the families who come." Reflecting on her decision to intern at Bo's Place, she said, "As someone who has experienced grief throughout my life, I've always been thoughtful about death and how it impacts people. I wanted to better understand grief—both for myself and for the clients I'll serve in the future."

She encourages others to consider volunteering or interning at Bo's Place, noting, "Volunteers confront their own experience with grief and get to witness others on their journey. The staff here are so warm and welcoming, and the training is excellent—you never feel overwhelmed or unprepared."



About Dahlia

Dahlia, a Houston native, enjoys reading, being in nature, cheering on the UH Coogs basketball team, and spending time with her beloved Old English Sheepadoodle. A musical fan, she especially enjoys *Hamilton*.

Dahlia brings a unique perspective to her role. "My family benefited from the programs at Bo's Place," she shared. "Now, I'm excited to be part of the team that makes this work possible. I look forward to embracing the different groups I'll be a part of."

Her journey with Bo's Place came full circle. "After attending with my family, I volunteered at summer bereavement camps. It felt natural to return to Bo's Place and extend the love I received when I first came here." She adds, "Bo's Place is one of the most welcoming environments I've ever experienced. Whether you prefer behind-the-scenes work or hands-on involvement, there's a role for everyone."



Be sure to say hello to Angelica and Dahlia when you see them around Bo's Place!

If you're interested in an internship opportunity, please email your program information and requirements to <u>volunteer@bosplace.org</u>.

Marian Mankin Awarded with NAMI Greater Houston 2025 Mental Health Service Award

Marian Mankin, Bo's Place Program Director, was awarded with the NAMI Greater Houston 2025 Mental Health Service Award. We cannot think of anyone more deserving of this honor!



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Holiday Meals Push

You can be a part of a special tradition at Bo's Place. Come provide and serve a holiday meal for our families and make the season a little bit brighter for those who are grieving.



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Mahjong for Mental Health

A group of 130 generous women gathered to show that mahjong is more than just a game - it was a powerful reminder of the healing that happens when people come together with open hearts.



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Support the 2026 Hearts of Hope Dinner

Don't miss our Hearts of Hope Dinner on Thursday, January 29, 2026. We will honor Dr. David Sandberg with the 2026 Robin Bush Award and spend the evening marking 35 years of healing hearts at Bo's Place.



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Recent Happenings









About Bo's Place

At Bo's Place, we believe that grieving families heal when they share their experiences with each other. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click <u>here</u> or call 713.942.8339.



Bo's Place | 10050 Buffalo Speedway | Houston, TX 77054 US

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