



#### A Note from Jennifer...

For 35 years, Bo's Place has been a place where hope and healing happen—a steady presence for grieving individuals and families in our community. We're proud of where we've been—of the lives we've touched, the stories we've held, and the hope we've helped nurtured.

As we reflect on this milestone, our commitment is as strong as ever. We are growing with purpose—setting bold goals, exploring new ways to expand access, and continuing to evolve to meet the needs of our community. We believe in innovation rooted in compassion and in doing more and doing differently so that even more people know they don't have to grieve alone.



Together, we will keep serving, keep reaching, and keep showing up because grief deserves care, and hope deserves a home.

With Bright Hope for Tomorrow,

Jennifer Boubel Executive Director



"My experience with Bo's Place was great. It taught me some coping skills and made me realize I wasn't alone in my grief."

-Support Group Participant

#### Supporting the Bereaved this Father's Day

The anticipation of special days such as Father's Day may bring about a range of difficult thoughts, feelings or questions, particularly for those who are grieving. Children who have lost a father or fatherfigure may be unsure about how to recognize the day, if they want to, or feel they should. Fathers who have experienced the death of a child may have a hard time enjoying a day that may also amplify their loss. Families may gather for a celebration, while missing an important person.

Grief can complicate holidays. Individuals and families may choose to recognize, honor, or remember the deceased through a variety of ways or traditions, based on what feels the most helpful or comforting to them. Here are some resources to help support those who may be experiencing grief this Father's Day:

# Children's Books Related to the Death of a Father

- One Wave at a Time by Holly Thompson
- Always by my Side by Susan Kerner
- Is Daddy Coming Back in A Minute?by Alex Barber and Elke Barber
- Not the End of the Chávez Family/No es el fin de la familia Chávezby Mari Dombkowski

#### Video: Memory Boxes

- From Sesame Workshop: A box full of mementos can help comfort kids as they remember a loved one.
- Click <u>here to watch in English.</u>
- Click here to watch in Spanish.

#### Father's Day May Not Be Easy for Some Grieving Students

- From The Coalition to Support Grieving Students: Father's Day is a time many celebrate with cards, stories, and special school events. Yet, for students without their fathers, these moments can be confusing and painful.
- Click here to discover ways to offer them extra love and support on this day.

#### What To Say and Not To Say

- From the National Alliance for Children's Grief: Most of us haven't been taught what to say when someone we know is grieving, so it's easy to fall back on platitudes and clichés.
- Click here for tips on what to say instead.

#### **For Grieving Fathers**

- SAD DADS CLUB helps fellow bereaved fathers navigate life after loss by nurturing a supportive community and providing access to mental health services.
  - Click <u>here</u> to visit their website.
- We Need Not Walk Alone is the national magazine of The Compassionate Friends, featuring articles by and for parents, siblings, and grandparents who are grieving the death of a child in their family.
  - Click here to access the digital magazine.

### **Upcoming Events**

Friday, June 13 Good Grief for Helping Professionals 9:00am - 12:00pm Learn More

Sunday, June 22 Bo's Place Open House Event 2:00 - 4:00pm Learn More

#### Volunteer Spotlight: Jazmin Jarrell

Jazmin Jarrell is a proud Houstonian. After college, she served in the Peace Corps in Ethiopia before returning to her hometown of Houston, where she now works as a realtor. Outside of work and volunteering, she enjoys dining out and staying active through exercise.

Jazmin joined the Junior League of Houston, Inc. (JLH) seven



years ago and, for the past three years, she has served as Chair of the Bo's Place placement. Reflecting on her connection to Bo's Place mission, she shared that "the mission resonated with me because I lost my dad as a kid."

In her volunteer role, Jazmin oversees an average of 8–11 JLH volunteers each year. JLH volunteers support Bo's Place by serving as Hospitality Volunteers and as Special Projects Volunteers, helping keep things organized, preparing for groups and events, and creating healing spaces, such as interactive bulletin boards.

Jazmin recalls feeling the true impact of the JLH placement when "one of the families shared how much it meant to have us as volunteers, greeting them with smiling faces and giving them even just a couple of hours where they can be taken care of."

When asked about her personal experience as a volunteer, Jazmin reflects,

"I have thoroughly enjoyed volunteering at Bo's Place! I

appreciate knowing I'm making an impact in someone's day, and



I am so grateful for the other amazing volunteers I've had the opportunity to work with. My volunteer experience with Bo's Place humbles me, because it serves as a reminder of our human-ness. Loss is inevitable, and we all endure it at some point. So even if I've had a difficult day, walking into my volunteer shift is always a reset for me."

Thank you, Jazmin, for sharing your time and heart with Bo's Place and for your leadership in the JLH Placement! For more information about this placement, please email <u>volunteer@bosplace.org</u>.

## An Inspiring Weekend at Camp Kangaroo

Bo's Place hosted *Camp Kangaroo* for a weekend of free grief support for youth aged 5 to 17 who have experienced the death of a loved one.



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### A Derby Race to Remember

Our *Hats, Hearts & Horseshoes: A Kentucky Derby Affair*was a huge success, thanks to our fabulous event chairs and generous guests.



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### Help Bo's Place Finish Our Year Strong

You can be a part of ensuring that no one has to grieve alone. As our fiscal year draws to a close, your gift will help us finish strong.



Read More

### **Recent Happenings**



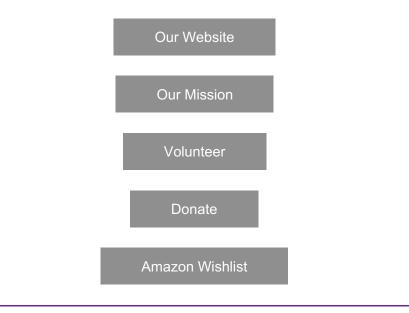
NFCC Grief and Loss Panel 5.8.25



### About Bo's Place

At Bo's Place, we believe that grieving families heal when they share their experiences with each other. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click <u>here</u> or call 713.942.8339.





Bo's Place | 10050 Buffalo Speedway | Houston, TX 77054 US

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