



Bo's Place

35th Anniversary

1990-2025

A Note from Jennifer...

At Bo's Place, we often say we are a place where grief meets hope. In the face of deep sorrow, it can feel impossible to imagine hope showing up—but it does. Not always loudly. Sometimes it arrives quietly, in a shared story, a steady breath, or a knowing glance across a room. Hope is not the absence of grief, but a companion to it. It reminds us that healing is possible, connection is real, and we are not alone.



So, what does hope look like at Bo's Place?

- A child laughing during playtime after group
- A parent saying their loved one's name out loud without tears for the first time
- A volunteer showing up, month after month, simply to listen
- A meal shared in silence, then slowly filled with conversation
- A teen discovering that someone else gets it
- A facilitator holding space for every story, no matter how raw
- A family walking in hesitant and walking out feeling seen

Hope doesn't erase the pain, but it walks with it. And here, at Bo's Place, we walk together—with grief, with love, and with hope.

With Bright Hope for Tomorrow,



Jennifer Boubel
Executive Director



"I was given tools to help my son with grief. I also found more confidence in my ability to help him."

-Support Group Participant

Managing Mother's Day Grief

Mother's Day may come with a mix of emotions. Some will be celebrating or spending time with their mothers or

mother figures, while others will be missing or grieving theirs. For mothers who have experienced the death of a child, they may feel the love along with the loss or feel guilty for celebrating or enjoying a holiday. There are also caregivers raising or helping to raise children in a mother's absence.

With a wide realm of relationships and situations when it comes to motherhood, observing Mother's Day is tied into personal experiences and preferences. Honor and acknowledge the feelings that may arise on this special day and be kind and compassionate with yourself and others.

Below are some resources for those experiencing grief this Mother's Day.



Children's Books Related to the Death of a Mother

- *Missing Mommy* by Rebecca Cobb
- *Mum's Jumper* by Jayde Perkin
- *The Garden of Hope* by Isabel Otter
- *Luna's Red Hat: An Illustrated Storybook to Help Children Cope with Loss and Suicide* by Emmi Smid

Printable Activity: Mommy Memories (ages 1-6)

- From Sesame Workshop: Recalling happy memories together celebrates the important bond between moms and kids.
- Click [here](#) to download the English version.
- Click [here](#) to download the Spanish version.

Caregivers Guide: Helping Kids After A Death

- From Art with Heart: Considerations and art activities that can help you talk with kids about death, create a supportive environment of healing, and help a kid explore their grief.
- Click [here](#) to download the English version.
- Click [here](#) to download the Spanish version.

Mother's Day May Not Be Easy for Some Grieving Students

- From The Coalition to Support Grieving Students: Using a few simple steps, educators can present Mother's Day activities in ways that are less likely to be troubling or upsetting for those children who do not have mothers who are alive or currently engaged in their lives, whether that be due to a death or another reason.
- Click [here](#) to download the article.

Honoring Bereaved Mothers- Validating Your Grief on Mother's Day

- From the Sudden Unexplained Death in Childhood Foundation (SUDC): As we celebrate Mother's Day, we would like to pay tribute to you and acknowledge your emotions. Here are a few ways that can assist you in managing this challenging day.
- Click [here](#) to read the article.

Mother's Day Grief: A Free Live Series with grief specialist, speaker, and author David Kessler

- "When You're Grieving Mom" - Saturday, May 3rd, 2025, 2 pm CT
- "A Mother's Grief: When a Child Dies" - Sunday, May 4th, 2025, 2 pm CT
- Click [here](#) to register for the free sessions.

Upcoming Events

Saturday, May 3

Hats, Hearts & Horseshoes: A Kentucky Derby Affair

5:00pm - 7:00pm

[Learn More](#)

Friday, June 13

Good Grief for Helping Professionals

9:00am - 12:00pm

[Learn More](#)

Volunteer Spotlight: Beth Buford

Volunteer Elizabeth “Beth” Buford is an Aussie by birth, but has previously lived all over the world. Beth is currently a Real Estate Agent and is working on her broker license. When not working and volunteering, she loves spending time at the lake and traveling with her husband.

Beth was first introduced to Bo’s Place after the death of her mother. She wanted to give back to others who had also experienced the death of someone significant. This August, she will have been a Bo’s Place volunteer for 10 years! Beth has facilitated our grief support groups both in-person and online.

She sees the Bo’s Place Magic every time we do a candle ceremony and poem reading in one of our groups. “It’s such a moving moment for everyone. I always leave that night feeling so filled with joy and hope for our group members as they continue on their grief journey stronger and more supported than when they began.”



When reflecting on her experience volunteering with Bo’s Place, Beth shares “It’s been amazing to watch Bo’s [Place] evolve with technology and really expand their reach in a whole new way. Bo’s [Place] is a place where you can truly find healing during that journey alongside others who are experiencing grief at the same time. I’ve had the opportunity to volunteer alongside wonderful people and I am always so moved by the impact a single organization can have not only on the community but on individuals and families as a whole. As a volunteer, I have been reminded of how much good there is in the world and how we need to treat everyone with compassion as we never know what their path holds for them at any given time.”

Thank you, Beth, for helping Bo’s Place to heal hearts! If you are interested in more information about volunteering email volunteer@bosplace.org.

Volunteer Appreciation Event Recap

To kick off Volunteer Appreciation Month in April, we loved welcoming our volunteers to the annual Bo’s Place Appreciation Event.



[Read More](#)

Nottingham Elementary School Council Visit

The amazing students from Nottingham Elementary School Council visited Bo’s Place to deliver their service project and learn more about what we do.



[Read More](#)

Eagle Scout Project Revamps Robin Bush Memory Garden

Gray Sullivan selected Bo’s Place as the site for his Eagle Scout

project, completing a revamp of the Robin Bush Memory Garden at the entry of the building.



[Read More](#)

Support Bo's Place Spring Campaign

You can be a part of ensuring that no one has to grieve alone. As our fiscal year draws to a close, your gift will help us finish strong.



[Read More](#)

Recent Happenings





ymCA Healthy Kids Day
4.26.25



Smilin' Rylen Run
4.26.25

About Bo's Place

At Bo's Place, we believe that grieving families heal when they share their experiences with each other. We offer free Grief Support Groups in English and Spanish to families and individuals.

If you or someone you know would like information about Bo's Place Grief Support Groups for children, families, and adults, click [here](#) or call 713.942.8339.

Our Website

Our Mission

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Amazon Wishlist



Bo's Place exists to enhance the lives of those who have experienced the death of a loved one.



Bo's Place | 10050 Buffalo Speedway | Houston, TX 77054 US

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