



Bo's Place

where
hearts
are
healed.



THERE IS NO CURE FOR GRIEF. BUT WITHIN EACH OF US IS THE CAPACITY TO HEAL A BROKEN HEART.

**Grief is both a universal experience
and a uniquely individual experience.**

**The death of a family member or
friend is something all of us will
face at some point, but how each of
us responds to that loss will be very
different. At Bo's Place, we believe
that while each individual must be
free to grieve in their own way, no one
needs to grieve alone.**

**Bo's Place grief support services offer
compassion, support, remembrance,
acceptance, understanding, warmth,
sharing, empathy, tenderness,
kindness, comfort, solace,
encouragement, hope...
and healing.**

grief support groups

Grief support groups at Bo's Place are designed to provide bereaved children, families and adults a safe place to express their thoughts and feelings in an honest way with others on a similar journey. This process cultivates courage, instills hope, and fortifies those in grief so that, even in the midst of sorrow, there is rediscovered joy and renewed hope for the future.

It is in these groups that the “magic” of Bo's Place happens.

LIGHT family groups

LIGHT (Looking Inward Grieving Healing Together) Family Groups are for children, ages 5-18, and their families who have experienced the sudden and unexpected death of a child or parent. These groups meet weekly for nine weeks. Families completing a LIGHT Group may transfer to an ongoing group.

ongoing family groups

Ongoing Family Groups are for children, ages 5-18, and their families who have completed LIGHT or for those who have experienced an anticipated death of a child or parent. These groups meet twice a month and families may participate for as long as they feel it is helpful as they progress on their grief journey.

adult groups

Adult Groups meet weekly for nine weeks and are comprised of adults of any age who have experienced the death of a significant person in his or her life, whether child, parent, grandchild, spouse, partner, relative or friend.

young adult groups

Young Adult Groups are comprised of men and women ages 18-30 who have experienced the death of a significant person in his or her life. Young Adult Groups are ongoing and meet twice a month.



little friends groups

Little Friends Groups are designed for preschool children, ages 3 and 4, who have experienced a death in their immediate family. Children attend weekly for eight weeks with a parent or guardian.

pregnancy loss groups

Pregnancy Loss Groups are for women who have experienced the perinatal death of a child or children. These groups meet weekly for eight weeks.

Spanish-language groups

Spanish-Language Groups for children and their families and for adults are available at Bo's Place as well as at offsite locations.

offsite groups

Bo's Place offers a limited number of offsite grief support groups in both English and Spanish.

special grief programs

Other special grief support programs such as family night, scrapbooking, parents night out, summer activity days for children, and a weekend bereavement camp are offered to participants in Bo's Place grief support groups.

All grief support groups are offered free of charge through the generosity of Bo's Place contributors. Groups are overseen by Bo's Place clinicians and led by trained volunteer facilitators. Contact Bo's Place for more information, schedules and locations.

information and referral line

The Information and Referral Line at Bo's Place offers a compassionate ear for those who seek information about the grief process, about Bo's Place grief programs, or about other community grief support resources. Clinicians answer calls and inquiries from those who have experienced a death, as well as from family, friends, co-workers or other concerned individuals who want guidance as to how to support the bereaved.

The Information and Referral Line is accessible Monday through Friday during business hours.

community education and training

Bo's Place offers Community Education and Training opportunities for professionals and volunteers working to support those in grief. Workshops and trainings, conducted by clinical staff and/or field experts, can be customized for a variety of audiences including:

- **Medical and Social Service Professionals**
- **School Personnel**
- **Faith-Based Communities**
- **Community Organizations and Volunteer Groups**

Bo's Place training programs seek to increase understanding of the grief process and to offer guidance about how to support the bereaved. Offerings range from short presentations about Bo's Place grief support to full day continuing education workshops for professionals.

Contact Bo's Place for information on upcoming workshops or to schedule a presentation. Trainings are available both at Bo's Place and offsite. Most Bo's Place educational opportunities are offered free of charge. Continuing Education Units (CEUs) are available at some workshops for a minimal fee.



VOLUNTEER.

Bo's Place volunteers play an essential and rewarding role in helping grieving children, families and adults heal after the death of a loved one.



volunteer facilitators

Bo's Place Volunteer Facilitators are at the heart of what we do. Under the direction of Bo's Place clinicians, these volunteers lead grief support groups for children, families and adults. Volunteer Facilitators attend a Volunteer Information Session, followed by a 28+ hour training. They must commit to a minimum of one year service and be at least 22 years old. Both English speaking and bilingual facilitators (English/Spanish) are needed.

kitchen volunteer

Bo's Place grief support groups begin with a shared meal. Kitchen Volunteers help set up a buffet style meal which is most often potluck. Following the meal, volunteers prepare leftover food for families to take home and tidy the kitchen. Kitchen Volunteers must be at least 15 years old.

meal sponsors

Meal Sponsors provide and serve a meal for grief group families or participants (60-90 people). These meals are a special treat and provide an alternative to the traditional potluck-style meal at Bo's Place. Meal Sponsors may also decorate the dining area for special occasions or holidays, or prepare goodie bags for the children.

special project volunteers

Special Project Volunteers provide support to Bo's Place in a variety of ways including assistance with fundraising efforts, help at special events, activity or material preparation, and administrative and clerical support.

quilters

Bo's Place Memory Quilts allow grief support group members to commemorate their loved one. Decorated quilt squares are assembled by volunteer quilters and the resulting quilts are displayed on the walls throughout Bo's Place as a colorful and touching memorial to those who have died.

Bo's Place welcomes individuals or groups of volunteers. If you are interested in volunteering at Bo's Place, please contact the Volunteer Coordinator at 713.942.8339 or by email at volunteer@bosplace.org.



where hearts are healed.

GIVE.



Bo's Place provides life-affirming grief support services that create a healthier, brighter future for bereaved individuals in our community. *This support is offered completely free of charge.* As a 501(c)(3) organization, Bo's Place depends on the generosity of individuals, corporations, foundations and other friends. With your investment in our mission and work, Bo's Place can be sure that every child, family and adult has the opportunity for a healthy grief journey when faced with the death of a loved one.

general and designated donations

A general financial donation supports the Bo's Place operating fund. These donations help with every day expenses for Bo's Place grief support programs, staff and facility. Designated donations may be made to a specific grief support program that touches your heart, or is of particular interest or importance to you.

in honor or in memory of donations

A donation to Bo's Place may be made in memory or in honor of a friend or loved one. A special acknowledgment of the gift will be sent to the family or individual.

pave the way donations

Memorialize or honor a loved one and help pave the way to hope and healing for bereaved families at Bo's Place. Choose a personal engraving on a Brick Paver to add to the pathway leading to the front door of Bo's Place. Or, opt for an engraving on the Memory Wall in the Bo's Place Memory Garden.

planned giving

Planned giving is a way to create a personal legacy of support for Bo's Place. If you would like to bequeath a gift to Bo's Place, please contact your attorney as to how to make this designation in your will or trust.

in-kind donations

Bo's Place accepts agreed upon in-kind donations such as supplies or materials, family dinners, items for special projects or fundraising events, and professional services.

If you would like to make a donation to Bo's Place, please call 713.942.8339, email info@bosplace.org, or visit the Bo's Place website at www.bosplace.org.

10050 Buffalo Speedway
Houston, TX 77054



Bo's Place®



Bo's Place is a nonprofit bereavement center offering grief support services to children, families and adults. Founded in 1990, Bo's Place exists to enhance the lives of those who have experienced the death of a loved one. Bo's Place programs are based on the belief that sharing experiences with others in grief helps individuals navigate the grief journey and move towards hope and healing.

For more information:

Call 713.942.8339

Email info@bosplace.org

Visit www.bosplace.org

Like www.facebook.com/bosplace

Fax 713.942.2252



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